

***Watch for the how-to video
on our Facebook page
July 28th at 1 p.m.**



JUGGLING BALL DIY (MAKES 1 BALL)

You will need:

- 3 round balloons
- 1 small plastic bag
- pair of scissors
- 1/2 cup measuring cup
- 1/2 cup uncooked rice or flour

1. Carefully cut the neck from each balloon

Please put the neck of the balloon in the trash

2. Fill the plastic bag with 1/2 cup uncooked rice or flour

3. Squeeze out the air and give the bag a couple of good twists to close

4. Stretch a balloon all the way around the bag

5. Stretch another balloon on over the top of the first (position the hole so that this balloon covers it)

6. Repeat with your third balloon

***Contains latex *Choking hazard**

****FOR A FUN, INFORMATIVE VIDEO ON HOW TO USE YOUR JUGGLING BALLS, CHECK OUT TAYLOR GLENN ON YOUTUBE. HER LEARN TO JUGGLE 3 BALLS- BEGINNER TUTORIAL IS AWESOME!***